


October 2024 - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday to 10/1 Raymond Wendt 10/1 Diane Phillips 10/10 Nancy Arnett 10/11 Marlene Bunke 10/13 Theresa Janes 10/17 Kathryn Vogel 10/21 Randolph Neuser		10:00 Dollar Tree - sign-up [LY] 1 12:15 Librarian Visit with Deb [LB] 1:00 New Lifespark Challenge Information Meeting and Whizzer (walking practice) [AR] 1:45 Group Sing a Long with Anne [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR] 5:30 Nails with Laurie [AR]	9:15 Movement - Because Motion is Lotion for the Body! [AR] 2 9:45 Sing along with Anne before Catholic Service - We assist you next door. [LC] 10:15 Catholic Service [LC] 12:15 Resident Council [AR] 3:00 Fall Prevention Presentation with Fox Rehabilitation - Heidi and Kaytlynn [LY] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:15 Movement Class [AR] 3 9:50 Arm or Leg Bike [AR] 12:45 Dorothy Carnes Park - Sign-up to go on bus. [LY] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:30 Vaccine Clinic (Flu and/or Covid) [AR] 4 1:30 Sheepshead or Garbage with Chocolate Milk or Coffee [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	10:15 Coffee Social Hour [AR] 5 10:45 Scuffle Shuffle with Anne [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]
2:30 Reserved for Private Family Event [AR] 6	6:30 Soulful Music- Channel 900 [TV] 7 9:15 Movement Class [AR] 12:30 Rosary with Dorothy [PB] 1:00 Bingo with 2 games of Speed Bingo [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:15 Move and Groove Movement with Music [AR] 8 10:30 Puppy Therapy - A litter of puppies is coming to visit! [AR] 1:00 Dr. Bill Deep Dive Rules of Challenge (30 minutes) [AR] 1:45 Group Sing a Long with Anne [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:15 Movement Class [AR] 9 9:45 Sing along with Anne before Catholic Service - We assist you next door. [LC] 10:15 Catholic Service [LC] 1:00 Spark Challenge - Whizzer Walking Day [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:15 Movement Class [AR] 10 9:50 Arm or Leg Bike [AR] 10:45 Shuffle Scuffle Word Game [AR] 1:00 Cards - Sheepshead or Garbage [AR] 2:30 Art with Kayla - Autumn Tree [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:15 Biking and Arm Biking [LY] 11 10:15 Coffee Social Time [PB] 10:45 Coloring Creations [AR] 1:00 The Big Show [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	10:30 Nails (polish or fingernail trim) [AR] 12 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]
5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR] 13	Columbus Day 14 6:30 Soulful Music- Channel 900 [TV] 9:15 Movement Class [AR] 12:30 Rosary with Dorothy [PB] 1:00 Bingo [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	7:15 Soup's On Breakfast Outing - Sign-up [LY] 15 1:00 Dr. Bill - Age Magnificently (30 minutes) [AR] 1:45 Group Sing a Long with Anne [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR] 5:00 Nails with Laurie [AR]	9:15 Movement Class [AR] 16 9:45 Sing along with Anne before Catholic Service - We assist you next door. [LC] 10:15 Catholic Service [LC] 12:00 General Election - Bring ID and Information from Newsletter to Vote [LB] 1:00 Spark Challenge - Arm Crank (Bike) [AR] 2:00 Lutheran Service - Pastor Kirchbaum or Pastor Vic [TH] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:15 Movement Class [AR] 17 9:50 Arm or Leg Bike [AR] 10:45 Shuffle Scuffle Word Game [AR] 1:00 Cards - Sheepshead or Garbage [AR] 2:00 Pet Therapy Visit [LY] 2:30 Cedar is coming to visit! Pet Therapy [LR] 3:00 Pick out Halloween Costume for Monster Bash [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:15 Biking and Arm Biking [LY] 18 10:15 Coffee Social Time [PB] 1:00 The Big Show [AR] 3:00 Pick out a costume for Monster Bash Party next week. [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	10:15 Coffee and Social Hour [AR] 19 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]
5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR] 20	6:30 Soulful Music- Channel 900 [TV] 21 9:15 Movement Class [AR] 10:15 Trinity Lutheran Guests Visit with Coffee [AR] 12:30 Rosary with Dorothy [PB] 1:00 Bingo [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:45 Move and Groove - Music and Movement [AR] 22 1:00 Dr. Bill - Age Magnificently (30 minutes) [AR] 2:30 Monster Bash Halloween Party with DJ [LY] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:15 Movement Class [AR] 23 9:45 Sing along with Anne before Catholic Service - We assist you next door. [LC] 10:15 Catholic Service [LC] 1:00 Spark Challenge - Leg Crank (Bike) [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:15 Movement Class [AR] 24 9:50 Arm or Leg Bike [AR] 1:00 Cards - Sheepshead or Garbage [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	9:15 Biking and Arm Biking [LY] 25 10:15 Coffee Social Time [PB] 10:45 Coloring Creations [AR] 11:00 Music Therapy [AR] 1:00 The Big Show [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	10:30 Nails (polish or fingernail trim) [AR] 26 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]
3:00 First Baptist Church Service [AR] 27 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	6:30 Soulful Music- Channel 900 [TV] 28 9:15 Movement Class [AR] 12:30 Rosary with Dorothy [PB] 1:00 Bingo [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	1:00 Dr. Bill - Age Magnificently (30 minutes) [AR] 29 2:00 Birthday Party [AR] 2:45 Group Sing a Long with Anne [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR] 5:00 Nails with Laurie [AR]	9:15 Movement Class [AR] 30 9:45 Sing along with Anne before Catholic Service - We assist you next door. [LC] 10:15 Catholic Service [LC] 1:00 Spark Challenge - Grip Games [AR] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	Halloween 31 9:15 Movement Class [AR] 9:50 Arm or Leg Bike [AR] 1:00 Hocus Pocus - Movie in Theatre [TH] 5:00 Resident Run - Hobbies, Games & Social Time - Each Evening [AR]	 AR Activity Room LB Library LC Legacy Court LR Living Room LY Lobby PB Pub TH Theatre	