


# December 2024 - Assisted Living

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|---|---|---|---|--|--|--|
| <p>3:45 Biking Time - Open House [AR] <b>1</b></p> <p>5:00 Resident Guided - Social Time [AR]</p> | <p>9:15 <b>Movement Class! [AR] 2</b></p> <p>10:00 <b>Nail Spa Day - Sign-up [AR]</b></p> <p>12:30 <b>Rosary with Dorothy [PB]</b></p> <p>1:00 <b>Bingo [AR]</b></p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> | <p>9:15 <b>Movement &amp; Strength [AR] 3</b></p> <p>10:00 <b>Trouble in the Activity Room with Coffee (Trouble the Game) [AR]</b></p> <p>12:15 <b>Librarian Visit with Deb [LB]</b></p> <p>1:00 <b>Deep Dive Health Lecture (45 minutes) [AR]</b></p> <p>2:00 <b>Holiday Sing a Long with Anne [AR]</b></p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> | <p>9:15 <b>Movement Class! [AR] 4</b></p> <p>9:45 <b>Sing along before Catholic Service [LC]</b></p> <p>10:00 <b>Linked Senior with Coffee (Jokes, Trivia, Mental Math) [AR]</b></p> <p>10:15 <b>Catholic Service [LC]</b></p> <p>12:15 <b>Resident Council [AR]</b></p> <p>12:50 <b>Spark Challenge Grip &amp; Quiz [AR]</b></p> <p>5:00 Resident Guided - Social Time [AR]</p> <p>5:45 <b>Polar Express Bus Ride. Sign-up to see Christmas Lights. [LY]</b></p> | <p>9:15 <b>Movement Class [AR] 5</b></p> <p>10:00 <b>Coffee &amp; Social Time [AR]</b></p> <p>10:45 <b>Gentle Chair Yoga (with relaxation) [AR]</b></p> <p>1:00 <b>Cards - Garbage [AR]</b></p> <p>2:00 <b>Snowman Painting - Sign-up - See Sample [AR]</b></p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> <p>7:20 <b>Packer Game vs. Detroit Lions (Amazon Prime - Other not listed) [TV]</b></p> | <p>9:15 <b>Movement Class! [AR] 6</b></p> <p>9:50 <b>Coffee &amp; Make Christmas Cards for 3rd Graders at Luther. [AR]</b></p> <p>1:00 <b>The Big Show [AR]</b></p> <p>2:00 <b>Music Appreciation - Vivaldi (The four seasons) [AR]</b></p> <p>3:00 <b>Your weekly activity packets are ready! [AR]</b></p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> | <p>10:30 <b>The Quartet Caroling - Walking around Reena spreading holiday cheer! [L] 7</b></p> <p>1:00 <b>A Matter-of-Fact group - Caroling around Reena [LY]</b></p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> |

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|---|---|--|--|---|--|--|
| <p>2:15 Reena Christmas Bus Viewing! Parade Ready! [PL] <b>8</b></p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p>   | <p>9:15 Movement Class! [AR] <b>9</b></p> <p>10:15 Lutheran Service [TH]</p> <p>12:30 Rosary with Dorothy [PB]</p> <p>1:00 Bingo [AR]</p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p>  | <p>9:00 Note Time Change Today - Movement &amp; Strength [AR] <b>10</b></p> <p>9:45 Twice is Nice &amp; Walmart Shopping - Sign-up [LY]</p> <p>1:00 Final 4 Spark Challenge. Watch the semifinals. [AR]</p> <p>1:45 Holiday Sing a Long with Anne [AR]</p> <p>2:00 Holiday Sing a Long with Anne [AR]</p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> <p>5:45 Polar Express Bus Ride. Sign-up to see Christmas Lights. [LY]</p> | <p>9:15 Movement Class! [AR] <b>11</b></p> <p>9:45 Sing along before Catholic Service [LC]</p> <p>10:00 Linked Senior with Coffee [AR]</p> <p>10:15 Catholic Service [LC]</p> <p>12:00 Nail Spa Day - Sign-up - Don't miss out! [AR]</p> <p>3:30 Men's Sip and Social! Beverages will be served [PB]</p> <p>5:00 Resident Guided - Social Time [AR]</p> <p>6:30 St. Joseph Parish Carolers - Caroling around Reena</p> | <p>9:15 Movement Class [AR] <b>12</b></p> <p>10:15 Frost Cookies for tomorrow's party. [AR]</p> <p>1:00 Spark Championships! Watch with us. Beverage will be served. [AR]</p> <p>1:15 Nail Spa Day. Sign-up [AR]</p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> | <p>9:15 Movement Class! [AR] <b>13</b></p> <p>10:00 Coffee &amp; Make Christmas Cup - Sign-up [AR]</p> <p>2:30 Retro-Christmas with Randy! [LY]</p> <p>3:00 Your weekly activity packets are ready! [AR]</p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p>                                    | <p>10:30 Checkers with the FAMS Chess Team [AR] <b>14</b></p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> |
| <p>3:00 Christmas Service - All are welcome. Pastor Neal officiating. [LY] <b>15</b></p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> <p>7:20 Packers vs. Seattle Seahawks (NBC) [TV]</p> | <p>9:15 Movement Class! [AR] <b>16</b></p> <p>10:15 Trinity Lutheran Guests Visit with Coffee [AR]</p> <p>12:30 Rosary with Dorothy [PB]</p> <p>1:30 Dolly Parton - Christmas at Home (1990 TV Special) [AR]</p> <p>2:45 Jerry Apps - Great Storyteller Book Reading and Discussion [AR]</p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> | <p>9:15 Movement &amp; Strength [AR] <b>17</b></p> <p>9:45 Make Jingle Bell Earrings - Sign-up [AR]</p> <p>1:00 Holiday Sing a Long with Anne [AR]</p> <p>2:00 Birthday Party! [LY]</p> <p>5:00 Resident Guided - Social Time [AR]</p>   | <p>9:15 Movement Class! [AR] <b>18</b></p> <p>9:45 Sing along before Catholic Service [LC]</p> <p>10:15 Catholic Service [LC]</p> <p>2:00 St. Paul's Lutheran Service - Pastor Kirchbaum or Pastor Vic [TH]</p> <p>5:00 Resident Guided - Social Time [AR]</p> <p>6:00 Main Street Dancers Performance! [DR]</p>   | <p>9:15 Movement Class [AR] <b>19</b></p> <p>10:00 Coffee and Reminisce Our Favorite Days. [AR]</p> <p>1:00 Cards - Garbage [AR]</p> <p>2:30 Holiday Games! Come join in on the fun. [AR]</p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p>                        | <p>9:15 Movement Class! [AR] <b>20</b></p> <p>10:15 Coffee Social Time [PB]</p> <p>11:00 Music Appreciation - Explore music [AR]</p> <p>1:00 Winter Necklace making - Sign-up [AR]</p> <p>3:00 Your weekly activity packets are ready! [AR]</p> <p>3:45 Biking Time - Open House [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> | <p>3:45 Biking Time - Open House [AR] <b>21</b></p> <p>5:00 Resident Guided - Social Time [AR]</p>   |

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday  |
|---|---|---|---|--|--|---|
| 3:45 Biking Time - Open House [AR] <b>22</b><br>5:00 Resident Guided - Social Time [AR]   | 9:15 Movement Class! [AR] <b>23</b><br>12:30 Rosary with Dorothy [PB]<br>1:00 Bingo [AR]<br>3:45 Biking Time - Open House [AR]<br>5:00 Resident Guided - Social Time [AR]<br>7:15 Packers vs. New Orleans Saints (ESPN & TBD other) [TV]  | Christmas Eve <b>24</b><br>9:15 Movement & Strength [AR]<br>10:00 Holiday Sing a Long with Anne with coffee or egg nog [AR]<br>10:15 Trivia and Coffee [AR]<br>3:45 Biking Time - Open House [AR]<br>5:00 Resident Guided - Social Time [AR]        | Christmas Day <b>25</b><br>9:15 Movement Class! [AR]<br>10:00 Perry Como Christmas Special with Coffee [AR]<br>10:00 Linked Senior with Coffee [AR]<br>3:00 Your weekly activity packets are ready! [AR]<br>5:00 Resident Guided - Social Time [AR] | 9:15 Movement Class [AR] <b>26</b><br>10:00 Coffee and Reminisce Our Favorite Days. [AR]<br>1:00 Cards - Garbage [AR]<br>3:45 Biking Time - Open House [AR]<br>5:00 Resident Guided - Social Time [AR] | 9:30 4H Performances - Sharing their talents with us. [LY] <b>27</b><br>11:00 Music Appreciation - Explore music [AR]<br>1:00 Winter Necklace making - Sign-up [AR]<br>3:45 Biking Time - Open House [AR]<br>5:00 Resident Guided - Social Time [AR] | 3:45 Biking Time - Open House [AR] <b>28</b><br>5:00 Resident Guided - Social Time [AR] |
| 12:00 Packers vs. Minnesota Vikings (Fox) [TV] <b>29</b><br>3:45 Biking Time - Open House [AR]<br>5:00 Resident Guided - Social Time [AR] | 9:15 Movement Class! [AR] <b>30</b><br>10:15 Coffee and Classic TV - I Love Lucy [AR]<br>12:30 No Rosary this week with Dorothy [PB]<br>1:00 Memorial Service for all those we've lost in 2024 [LY]<br>1:45 Memorial Social Hour with Beverages [LY]<br>3:45 Biking Time - Open House [AR]<br>5:00 Resident Guided - Social Time [AR] | New Year's Eve <b>31</b><br>9:15 Movement & Strength [AR]<br>10:15 Trivia and Coffee [AR]<br>11:30 Noon Year's - Special Beverage and Live Music on Keyboard. [DR]<br>3:45 Biking Time - Open House [AR]<br>5:00 Resident Guided - Social Time [AR] |   | AR Activity Room<br>DR Dining Room<br>L Lobby<br>LB Library<br>LC Legacy Court<br>LY Lobby<br>PB Pub<br>PL Front Parking Lot<br>TH Theatre<br>TR Therapy Room<br>TV TV                                 | Happy Birthday to<br>12/10 Gregory Mickelson<br>12/24 Mary Strobusch   |   |