



• First Item

## Our Community Newsletter

*Discover what's going on in our community.*

### February Birthdays

**7th Gary Damanske**  
**13th Doris Stockfish**  
**20th Shirly Stork**  
**23rd Pauline Klug**  
**23rd Nancy Streich**

### Resident Council

**Wednesday,**  
**February, 5th**  
**Time: 12:15pm**  
**Location: Activity Room**  
**Please Join us.**

# **Absentee Voting Monday**

**Noon - 1:00pm**

**Library**

**Your sample ballot is attached  
to your weekly candendar.**

**County Clerk Thom gave us  
the ballot as soon as she  
received it late this week.**

**This was a last minute  
addition.**

**NO registration ahead of time.  
They will make sure all have a  
chance to vote.**

Tis the season. Take care of yourself.  
Good handwashing is critical.

## February Outings

**Mon. 5th - Pick n Save 1:15-2:30pm**

**Wed. 12th - Hoard Museum 1:00-3:30pm**

**Mon. 17th - Twice is Nice(first stop) &  
Walmart (second stop) 12:45-3:30pm**

**Tuesday 18th - Soup's On 7:15am**

**Mon. 24th - Walgreens 2:15pm**

**Wed. 26th - Kohls Department Store  
(first stop)12:45pm / A&W Restaurant on  
the way home. Return by 3:45pm**

**Friday 28th - Fish Fry - Soup's On 3:00PM**



Every Wednesday - **Catholic Service** - Legacy  
Court 10:15AM

Third Wednesday - **St. Paul's Lutheran Service**  
- **Theatre 2:00PM**

Fourth Sunday - **Baptist Service** - Activity  
Room

Second Monday - **Lutheran Service**  
- **Theatre 10:15AM**

**Sunday - Catholic Communion** - Inform  
Community Life if you're interested.  
Volunteer will visit you.

## **Monthly Live Education Series**

**Each month is a different topic. Join us in  
this engaging and interactive event. This  
month's topic: HOMESTEADING  
Location: AR**

# **VIRTUAL PROGRAM**

**PRESENTED BY: HOMESTEAD  
NATIONAL HISTORICAL PARK**



## **Homesteading for Freedom**

Learn how The Homestead Act of 1862 enabled 3,400 Black farmers to build homes, form communities like Nicodemus, Kansas, and pursue freedom, prosperity, and leadership despite systemic challenges.

**FEBRUARY 6TH  
2:00PM**



**Art to sign-up for:**

**Wednesday 10th - Abstract  
Painting Fun with Kayla 10:00AM**

**Friday 21st - Winter or St. Patty's  
Day Cup Decorating with Laurie at  
2:00PM**



**Nails (Fingers) Sign-up**

**February 3rd & 10th**

**More at TBD dates**

# Chaplin Message

**My life has been the poem I would have writ; But I  
could not both live and utter it.**

**-Henry David Thoreau**

**We have come around again to the month of valentines and hearts, flowers and chocolates and sentimental sayings. We share words of love with others, and perhaps we also feel grief when remembering those loves we've lost. This year, consider offering some words of love to yourself. If your life, like Thoreau's were a poem, what words would it include? What parts of you would it celebrate? Have you persevered through a challenge? Survived a heartbreak? Risen to a challenge? What words would you use to describe what is most lovable about you? How would you put into words the arc of your life? Poems don't have to rhyme, and they don't even have to be long. Try writing a short love poem to yourself this month. And if you're feeling brave, find someone to share it with! Love grows when we share it with others.**

**March 12th**  
**Resident Creative Art and**  
**Hobby Show**

**We'll come visit to help  
you plan. Sign-up in front  
of activity book.**

**Share your creations and  
hobbies. We'll save a table  
for you and explain the  
details.**



## **Calendar Updates**

**YouTUBE content that used to be dependable is now being pulled down due to rights violations.**

**What this means: We will be using our Linked Senior more. It has dependable content for videos, movies, games, trivia, and more.**

**Note: Calendar changes were made to reflect your desires from your survey responses.**

Name: \_\_\_\_\_



# HAPPY Valentine's Day!

Can you find the words in the word search below? They can be horizontal or vertical, and forward or backward.



valentine

friendship

hug

love

sweet

chocolate

cupid

candy

pink

happy

February

arrow

red

heart

bouquet

# February 2025 - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AR Activity Room BR Bus Trip DR Dining Room HM Hoard Museum L Lobby LB Library LC Legacy Court LR Living Room LY Lobby PB Pub R TBD RT Restaurant TH Theatre TV TV	Happy Birthday to 2/7 Gary Damasko 2/13 Doris Stockfish 2/20 Shirley Stork 2/23 Nancy Streich 2/23 Pauline Klug				11:00 Biking Time - Open House [AR] 5:00 Resident Guided - Social Time [AR]
11:00 Biking Time - Open House [AR] 2 2:00 Linked Senior [LC] 2:15 Communion (Catholic Rounds from Andy) 3:00 Every Minute Counts Challenge - Log your minutes [AR] 5:00 Resident Guided - Social Time [AR]	9:15 Movement Class [AR] 3 10:00 Nails - Sign-up [AR] 12:00 Absentee Voting - State Superintendent of Public Instruction - Sample Ballot attached. [LB] 12:30 Rosary with Dorothy [PB] 1:00 Biking Time - Open House [AR] 1:30 Bingo [AR] 2:45 Nails - Sign-up [AR] 5:00 Resident Guided - Social Time [AR] 6:00 Linked Senior [LR]	9:15 Movement Class [AR] 4 12:15 Librarian Visit with Deb [LB] 12:55 TRVathlon - Walking Day [AR] 2:00 TRVathlon Strategy Discussion [AR] 2:15 Reena Rocker Choir - Join Us [AR] 5:00 Resident Guided - Social Time [AR]	9:15 Movement Class [AR] 5 10:00 Life of Cary Grant [AR] 10:15 Catholic Service [TH] 11:00 Biking Time - Open House [AR] 12:15 Resident Council [AR] 1:15 Pick-n-Save Shopping - Sign-up [AR] 5:00 Resident Guided - Social Time [AR]	9:15 Movement Class [AR] 6 10:15 Forklift Driving (remote controlled) [TH] 12:55 TRVathlon Day - Leg and Arm Bike - Join us or cheer us on! Each person does about 5 minutes. [AR] 2:00 RECOVERY - Healthy Snack and Beverage to finish our TRVathlon week. [AR] 3:00 Sign Linda's	9:15 Movement Class [AR] 7 10:00 Coffee Social Time [AR] 1:00 The Big Show - Review the week! [AR] 1:00 Biking [AR] 2:30 Linda's Retirement Celebration [LY] 3:30 Your weekly activity packets are ready! [AR] 5:00 Resident Guided - Social Time [AR]	11:00 Biking Time - Open House [AR] 8 1:30 Bingo with Anne [AR] 5:00 Resident Guided - Social Time [AR]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>11:00 Biking Time - Open House [AR] <b>9</b></p> <p>1:30 Every Minute Courts Challenge is ongoing. [AR]</p> <p>2:00 Linked Senior [LC]</p> <p>2:15 Communion (Catholic Rounds from Andy)</p> <p>3:00 Resident Guided - Social Time [AR]</p> <p>6:00 Super Bowl! [TV]</p>	<p>9:15 Movement Class [AR] <b>10</b></p> <p>10:15 Lutheran Service [TH]</p> <p>11:00 Biking Time - Open House [AR]</p> <p>12:30 Rosary with Dorothy [PB]</p> <p>1:30 Special Valentine's Bingo Party [AR]</p> <p>3:00 Women Club Cocktail Hour. [PB]</p> <p>5:00 Resident Guided - Social Time [AR]</p> <p>6:00 Linked Senior [LR]</p>	<p>9:15 Movement Class [AR] <b>11</b></p> <p>10:00 Community Chain Project [AR]</p> <p>1:00 TRVathlon - [AR]</p> <p>2:00 TRVathlon Strategy Discussion [AR]</p> <p>2:15 Reena Rocker Choir - Join Us [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p> <p>5:00 Nails - Sign-Up [AR]</p>	<p>9:15 Movement Class [AR] <b>12</b></p> <p>9:45 Sing along! Come join us! [LC]</p> <p>10:00 Abstract Art [AR]</p> <p>10:15 Catholic Service [LC]</p> <p>11:00 Biking Time - Open House [AR]</p> <p>1:00 Hoard Museum - Indigenous Camp Exhibit &amp; Barbara Lorman "An American Story" Sign-up [HM]</p> <p>5:00 Resident Guided - Social Time [AR]</p>	<p>9:15 Movement Class [AR] <b>13</b></p> <p>10:15 Forklift Driving (remote controlled) [TH]</p> <p>1:00 TRVathlon - [AR]</p> <p>2:30 Valentine's Exchange with Luther 3rd Graders. [AR]</p> <p>3:30 Base - Afterschool Program - Valentine Visit decorating our AR Windows [AR]</p> <p>6:00 Fort Zando - Quartet Singing [L]</p>	<p>Retirement Card. [AR]</p> <p>5:00 Resident Guided - Social Time [AR]</p>	<p>Valentine's Day Movement Class [AR] <b>14</b></p> <p>10:00 Music Appreciation - [AR]</p> <p>10:15 Coffee Social Time with Reminiscing [AR]</p> <p>1:00 The Big Show - Review the week! [AR]</p> <p>1:00 Biking [AR]</p> <p>3:00 Your weekly activity packets are ready! [AR]</p> <p>4:30 Valentine's Dinner with Live Music [DR]</p> <p>5:00 Resident Guided - Social Time [AR]</p>	<p>11:00 Biking Time - Open House [AR] <b>15</b></p> <p>5:00 Resident Guided - Social Time [AR]</p>
<p>11:00 Biking Time - Open House [AR] <b>16</b></p> <p>2:00 Linked Senior [LC]</p> <p>2:15 Communion (Catholic Rounds from Andy)</p> <p>3:00 Every Minute Courts Challenge is ongoing. [AR]</p>	<p>Washington's Birthday <b>17</b></p> <p>9:15 Movement Class [AR]</p> <p>10:15 Trinity Lutheran Guests Visit with Coffee [AR]</p> <p>11:00 Biking Time - Open House [AR]</p> <p>12:30 Rosary with</p>	<p>7:15 Soups On Breakfast Outing - Sign-up [LY]</p> <p>9:15 Movement Class [AR]</p> <p>10:00 Life of John Wayne - Linked Senior [AR]</p> <p>1:00 TRVathlon - [AR]</p> <p>2:00 TRVathlon Strategy Discussion [AR]</p>	<p>9:15 Movement Class [AR] <b>19</b></p> <p>9:45 Sing along! Come join us! [LC]</p> <p>10:00 Linked Senior with Coffee [AR]</p> <p>10:15 Catholic Service [LC]</p> <p>11:00 Biking Time - Open House [AR]</p>	<p>9:15 Movement Class [AR] <b>20</b></p> <p>10:15 Forklift Driving (remote controlled) [TH]</p> <p>1:00 TRVathlon - [AR]</p> <p>2:00 Pet Therapy Visit [LY]</p> <p>2:30 Cedar is coming to visit! Pet Therapy [LR]</p>	<p>9:15 Movement Class [AR] <b>21</b></p> <p>10:00 Music Appreciation - [AR]</p> <p>10:15 Coffee Social Time with Reminiscing [AR]</p> <p>1:00 The Big Show - Review the week! [AR]</p>	<p>11:00 Biking Time - Open House [AR] <b>22</b></p> <p>5:00 Resident Guided - Social Time [AR]</p>	