June



Discover what's going on in our community.

June Birthdays

6/8 Dolores P. 6/9 James S. 6/9 Lois S. 6/10 Phyllis 6/16 Barb K. 6/26 Nancy W.

<u>July Resident Council</u>

Wednesday, July 2nd: 12:15pm Activity Room.

<u>Librarian Visit</u> Tuesday, July 1st 12:15 - 1:00pm Activity Room

Every Wednesday - **Catholic Service - Legacy Court** 10:15am

Every Wednesday - Chaplain Lee is with us.

Third Wednesday - **St. Paul's Lutheran Service - Legacy Court 2:00pm**

Second Monday - Lutheran Service with Julie - Legacy Court 10:15am

Sunday - Catholic Communion Volunteer Andy or Tom will visit you. Time: 1:00-1:45pm

Mondays - Rosary with Dorothy - Pub 12:30pm

Every Friday - Reading of Agnus Dei with Dorothy - **Pub 1:30pm**

The times and locations are subject to change.

<u>June</u> Highlights



Lunch at Pine Cone Restaurant Tuesday, June 10th - 11:15am Sign-up in the activity binder located n the Activity Room if you intend on going. Cost: You pay for your meal Meet in Lobby at 11:15am

Fox Talk

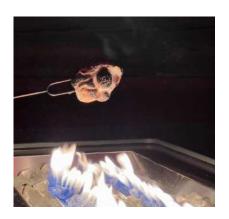
Wednesday, June 11th - 3:00pm (AR) Physical Therapists Katlynn and Heidi Topic: Prevention of Falls.

After the presentation, each person may then make a pair of non-slip socks. Bring a clean pair for yourself and we'll do the project all together. No registration needed. <u>Father's Day Celebration</u> Thursday, May 12th 2:00 - 3:00pm



Weather permitting we'll be out front and around the flag pole offering games and beverages. All are welcome

<u>Fireside at the Pond with Dawn</u> <u>Thursday, June 26th at 6:30pm</u> Let's roast some marshmallows and make some smores'. Rain Date in July



Hoping to have someone playing guitar that night.



<u>Dorothy Carnes</u> <u>County Park</u> June 23rd 10:00 June 26th 10:00 Sign-up in Activity Binder

<u>Bird Watching at</u>



Finger Nails

Ongoing - we offer basic nail care and nail painting. Sorry, We are unable to work with gels or dips. Watch your calendar for offerings. **Podiatry is expected back in August.** Local Artist Sally Koehler will be back to make <u>Floral Art Bouquets</u> with us. Tuesday, June 17th 1:00pm - sign-up



<u>Ice Cream Social</u> to welcome our new community members. Monday, June 23rd 1:30pm (AR)

June Outings to sign-up for

- June 10th Pine Cone Lunch 11:15am
- June 16th Janes Park Picnic Bag Lunch 11:30am
- June 16th Walmart Shopping 1:45pm
- June 23rd Bird Watching Dorothy Carnes
 10:00am
- June 26th Bird Watching Dorothy Carnes

At the end of the day we can endure much more than we think we can.

<u>Nursing Message</u>

As the sun turns up the heat, so should your self-care!

The Canadian wildfires are impacting our air qualilty. We will have a notice at the front desk to inform you soon.



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Birthday Party! June 24th at 2:30pm Activity Room

We start by serving cake and a beverage. Once everyone has been served we give the floor to our honored birthday guests to share anything they'd like about their lives.



Wood Chipping

Join us as we explore wood chipping. Are you interested in taking a resident run class? Merlin has decades of experience he'd love to share with others. To learn more, join Chaplain Lee and Merlin in the Activity Room on Wednesday, June 18th at 1:00pm





Note Worthy

The second floor balcony is starting to evolve into a nice gathering place to play and socialize. You may find additional puzzles inside (right side) of the bookshelf cabinet.

Mother Duck is back for her 3rd consecutive year. Her eggs are expected to hatch any day now. Nest location: Activity Room Patio in the large raised bed. If you move slow and keep a distance she has not fussed. How many eggs do you think she has this year? Last year, I believe there were 11.



Pool Parties on the Patio in July.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 SP Communion (Cat	9:15 PH Movement Class 2	9:15 PH Biking [LC] 3	10:00 EM Sing along bef 4	2 문	PH Group Exercise 6	01
2:30 So Snack Delight	10:20 EM Rhythm Monday 10:20 SP Breath and Relaxa	10:30 Vo Garden - Water 11:20 EM Oshibori [DR]	10:15 SP Catholic Servi 11:20 SO Oshibori [DR]	9:15 PH Biking [LC]	9:30 IN Color Dot Game 10:30 VO Water & Care for	1:00 EM Patio Time - L 2:00 IN Toss Cross [LC]
		11:30 SP Prayer [DR]		11:00 EM Prayer [DR]	1:00 PH Balloon Volleybal	
		12:30 SO Classic TV show		8	S	_
	_	1:00 SP Patio Time (weath	_	_	_	
	S	_	_	SP		
	3:00 SO Toss Game [LC]	2:00 EM Hand massage with	4:00 VO Make Thank You fo	3:30 EM Music Appreciatio	4:00 PH Walk and Roll! [
	5:30 IN Game Shows on TV	2:30 IN Linked Senior Fun	6:00 PH Play Catch with H	5:30 IN Game Shows [LR]		
	6:00 PH Outdoor R&R Time	3:30 VO Help Laurie Fold				
		5:00 EM Nails (polish or				
1:00 SP Communion (Cat 8	9:15 PH Movement Class 9	9:15 PH Biking [LC] 10	10:15 SP Catholic Servi 11	8:45 PH Group Exercise 12	8:45 PH Group Exercise 13	11:15 PH Walking Group 14
2:30 Snack Delight	10:15 SP Lutheran Servi	(we	11:20 SO Oshibori [DR]	9:15 PH Biking [LC]		1:00 EM Patio Time - L
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	2:15 EM Jerry Apps - Grea	12:30 PH Tossing Game [LC]	6:00 PH Play Catch with H	2:30 So Snack Delight and	3:00 VO Infant Care or Us	
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		3:30 VO Garden - Water, W				
Father's Day 15	9:15 PH Movement 16	9:15 PH Biking [LC] 17	10:00 EM Sing along bef 18	8:45 PH Group Exercise 19	8:45 PH Group Exercise 20	11:15 PH Walking Group 21
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SENIOR LIVING Alifespark Community	Tuesday 3:30 VO Garden - Water, W
EM Emotional SP Spark Performance IN Intellectual PH Physical VO Vocational SO Social SP Spiritual OT Other	Wednesday
AR Activity Room DR Dining Room LC Legacy Court LR Living Room	Thursday 3:30 Music Appreciatio 5:30 N Game Shows [LR]
	PH Friday
	Saturday