

July



Our Community Newsletter

Discover what's going on in our community.

July Birthdays

7/3 Helen H. is 101!

7/7 Sylvia R.

7/8 Wanda W.

7/10 Marilyn P.

7/14 Shirley R.

7/26 Dorothy E.

7/31 Joann Y.

August Resident Council

Wednesday,

August 6th at 12:15pm

Activity Room.

Librarian Visit

Tuesday, August 5th

12:15 - 1:00pm

Location: Pub

**Every Wednesday - Catholic Service - Legacy Court
10:15am**

Every Wednesday - Chaplain Lee visits.

**Second Wednesday - non-denominational service
with Chaplain Lee - Theatre - 10:15am**

**Third Wednesday - St. Paul's Lutheran Service
Legacy Court 2:00pm**

**Second Monday - Lutheran Service with Julie
Legacy Court 10:15am**

**Sunday - Catholic Communion
Volunteer Andy or Tom will visit you.
Time: 1:00-1:45pm**

Mondays - Rosary with Dorothy - Pub 12:30pm

**Every Friday - Reading of Agnus Dei with Dorothy
Pub 1:30pm**

"Life Happens" Times are subject to change.

July

Highlights



Lunch at Pine Cone Restaurant

Monday, July 21st

Meet in Lobby at 10:45am

Sign-up in the activity binder located in the Activity Room if you intend on going.

Cost: Your own meal

Jefferson County Fair

Wednesday, July 9th

Meet in Lobby at 8:40am

Return by lunch at 11:30am

We will walk on paved path. Access to cool spaces and restrooms. We will visit the carnival area, food row, and Jr. Exhibit with air conditioning. Sign-up

\$8.00 for Seniors - Pay at the entrance

Walmart Shopping

**Tuesday, July 8th 1:30 -
3:30pm**

**Sign-up in Activity Binder in
the Activity Room.**

Cost: Only what you purchase



Fireside at the Pond with Dawn

**Watch your calendar for a date this
month. I'm waiting for a few cool
evenings to choose from. TBD**



New Community Members
We Welcome This Quarter

Alan K.

Joe and Helen H.

Merlin and Peggy H.

Dee and Carl S.

Gary and Dana D.



Movement Class

This class is a combination of the evidence-based Stanford program Living with Chronic pain blended with therapy, mobility, and strength. We have approximately 255 classes per year. Join us!

We laugh and move with purpose.



Free Book Event

The Free Book Event was a success. So many books found new homes.

The Starfish Story

An old man was walking on the beach one morning after a storm. In the distance, he could see someone moving like a dancer.

As he came closer, he saw that it was a young woman picking up starfish and gently throwing them into the ocean. “Young lady, why are you throwing starfish into the ocean?”

“The sun is up, and the tide is going out, and if I do not throw them in they will die,” she said.

“But young lady, do you not realize that there are many miles of beach and thousands of starfish? You cannot possibly make a difference.”

The young woman listened politely, then bent down, picked up another starfish and threw it into the sea.

“It made a difference for that one.”

- Adapted from the original by Loren Eiseley

**From: Executive Director
Jennifer Bratz**

Note Worthy



Your new LPN Penny has started. She will be working 2:00-8:00pm four days per week and every other weekend.

Alzheimer's Brat Fry Fundraiser

We are looking at late July early August. The location will be here at Reena.

Green Thumbs Group

**Your front and activity room patios flowers and herbs are coming along nicely.
It's not too late to join in!**

Reena Family BBQ

Save the date!

Saturday, September 13th

Meal: 12:30pm

More details next month.



Cafe

The renovated space adjoined to the dining room is your cafe space. We had our first coffee hour there this week. We celebrated the new space as Ayyanna played her violin for us. Ayyanna is a local student who loves to play the violin.


Dining Room Meals

If you are anticipating on coming down to pick up a to-go room tray, please wait at the table near the private dining room. This is for safety and process. Refrain from standing in the dining room or in front of the moving doors.

Thank you for your cooperation.

July 2025 - Legacy Court

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1:00 Communion (Catholic Rounds from Andy or Tom)</p> <p>2:30 Snack Delight and Social Time - Activity Room [LC]</p>	<p>9:00 Garden - Water, Weed, Inspect. [LC]</p> <p>9:30 Movement Class [LR]</p> <p>10:00 Rhythm Monday with Anne [AR]</p> <p>10:15 Lutheran Service with Julie - Legacy Court [LC]</p> <p>11:30 Prayer [DR]</p> <p>1:30 Bingo [LC]</p> <p>2:15 Jerry Apps - Great Storyteller Book Reading</p>	<p>9:00 Garden - Water, Weed, Inspect. [LC]</p> <p>9:30 Patio Time (weather permitting) or a Game [LC]</p> <p>10:00 Walking and Wheeling Group [LC]</p> <p>10:30 Lap and Activity Fidget Fun [LC]</p> <p>11:20 Oshibori [DR]</p> <p>11:30 Prayer [DR]</p> <p>12:30 Classic TV show [LC]</p> <p>1:00 Grip Practice [AR]</p> <p>1:30 Parachute Time [LC]</p> <p>2:00 Cross Toss - Tic Tac Toe [LC]</p> <p>2:30 Snack Delight and Social Time - Activity Room [LC]</p> <p>3:00 Linked Senior Fun - Holiday Slideshows [LR]</p> <p>3:45 Breath and Relaxation [LC]</p> <p>6:00 Brewer Game [LC]</p>	<p>9:15 Garden - Water, Weed, Inspect. [LC]</p> <p>10:00 Sing along before Catholic Service. [LC]</p> <p>10:15 Catholic Service [LC]</p> <p>11:20 Oshibori [DR]</p> <p>1:00 Trivia - LS - Nature and Scenery - Things to Bring to the Beach and more. [LC]</p> <p>2:00 Book Exploration! Magazine Table Too. [AR]</p> <p>2:30 Snack Delight and Social Time - Activity Room [LC]</p> <p>3:00 Spiritual Time with Chaplain Lee [LC]</p> <p>3:30 Biking Intervals [LC]</p> <p>4:00 Movement and Strength [LC]</p> <p>4:30 Lords Prayer [DR]</p> <p>5:00 Nails (polish or fingernail trim) [LR]</p>	<p>8:45 Group Exercise [LC]</p> <p>9:30 Water & Care for the Garden. [LC]</p> <p>10:00 Slideshow Exploration - LS with Laurie [LC]</p> <p>11:30 Prayer [DR]</p> <p>1:00 Grip Practice - Come join the team. Reses vary come check it out. [AR]</p> <p>2:30 Snack Delight and Social Time - Activity Room [LC]</p> <p>3:00 What brings us joy? Discussion [LC]</p> <p>3:30 Music Appreciation - Radio or Records [LC]</p> <p>6:00 Brewers vs. Mets 6:10pm [LR]</p>	<p>Independence Day</p> <p>8:45 Water & Care for the Garden. [LC]</p> <p>1:00 Patriotic Sing-a-long [LC]</p> <p>1:30 Let's Make Hollyhock Dolls with Dorothy & Laurie [LC]</p> <p>2:45 Prayer [DR]</p> <p>2:45 Snack Delight and Social Time - Activity Room [LC]</p> <p>3:30 Walk and Roll! [LC]</p> <p>6:00 Brewers vs. Marlins at 6:10pm [LC]</p>	<p>12:45 Green Thumbs Legacy - Let's explore the outdoors. [LC]</p> <p>1:15 Patriotic Sing-a-long [LC]</p> <p>1:45 Walking Group [LC]</p> <p>2:15 Relaxation Breath Work [LC]</p> <p>2:30 Snack Delight and Social Time - Activity Room [LC]</p> <p>2:30 Prayer Time [LC]</p> <p>3:00 Brewers vs. Marlins at 3:10pm [LC]</p>
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